

WORLD-CLASS SPORTS MEDICINE CARE

At our Sports Medicine Center, our team of sports medicine doctors specializes in treating athletes and their sports-related injuries and conditions, offering personalized care that addresses every aspect of their needs. Our doctors are highly trained in treating sports-related conditions using minimally invasive techniques and state-of-the-art procedures and protocols, making them some of the most proficient experts in the area.

The Right Care, Right Away

We proudly offer our specialized Orthopedic Urgent Care for acute orthopedic injuries and problems at five convenient locations throughout the region.

Sports Medicine Providers

Carl M. Adolph, Jr., M.D.
Paul F. Carroll, M.D.
James H. Carson, M.D.
Brandon M. Eck, D.O.

Michael W. Gish, M.D.
Joel A. Horning, M.D.
Adam E. Hyatt, M.D.
John C. Rodgers, M.D.

Thomas I. Sherman, M.D.
Kathryne J. Stabile, M.D., M.S.
Alexandria O. Starks, M.D.



Official Sports Medicine Providers For:

Conestoga Christian School • Cornwall-Lebanon School District
Donegal School District • Hempfield School District
Lampeter-Strasburg School District • Lancaster Catholic High School
Lancaster County Christian School • Linville Hill Christian School
Lititz Christian School • Manheim Township School District
Mount Calvary Christian School • Palmyra Area School District
Penn Manor School District • Pequea Valley School District



**ORTHOPEDIC
ASSOCIATES**
OF LANCASTER, LTD

Sports Medicine

Lancaster
170 North Pointe Boulevard
Lancaster, PA 17601

Lebanon
1701 Cornwall Road
Suite 200
Lebanon, PA 17042

Spooky Nook Sports
2913 Spooky Nook Road
Suite 100
Manheim, PA 17545

Willow Street
212 Willow Valley Lakes Drive
Suite 201A & 201B
Willow Street, PA 17584

Ephrata
194 North Reading Road
Ephrata, PA 17522

	Ankle	Elbow	Foot	Hand	Hip	Joint Replacement	Knee	Neck & Back	Orthopedic Trauma	Shoulder	Sports Medicine	Wrist	Lancaster	Lebanon	Spooky Nook	Willow Street	Ephrata
Adolph	●	●	●	●	●	●	●		●	●	●	●	●		●	●	
Carroll	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	
Carson		●			●	●	●			●	●	●	●	●			
Eck	●	●	●	●	●		●	●		●	●	●	●	●	●		
Gish						●	●			●	●		●		●		
Horning	●	●	●	●	●	●	●		●	●	●	●	●	●			●
Hyatt		●			●				●	●	●	●	●		●		●
Rodgers	●	●	●	●	●	●	●	●	●	●	●	●	●		●		
Sherman	●		●						●		●		●	●			●
Stabile							●		●	●	●		●	●	●		
Starks		●							●	●	●		●	●			●



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Experienced, Specialized Care